



Learning it Together: Program Information for Parents

Learning it Together (LiT) is a dynamic, volunteer-driven health promotion program that aims to improve early literacy, numeracy, and healthy living skills in children through mentorship and role modeling. As we are in the midst of the COVID-19 pandemic, we recognize the importance of staying connected now more than ever. This is why we have made it our priority to support children and their families through our completely virtual LiT program.

Children in grades 1 to 3 have the choice in participating in our online program, with or without a university student mentor:

1. **Online Program only:** Your child can participate in crafts, book readings and physical activity by following along with video tutorials posted on our website. We can also deliver materials for the crafts to your front door, free of charge.
2. **Online Program & One-on-One Mentorship:** In addition to the online program, your child can also be paired with a university age mentor. The university student will arrange a weekly Zoom call with your child, where they can read stories, play educational games and discuss various topics such as online safety, healthy habits, space, the environment, and much more!

The program is free of charge and will run for 8 weeks from January to March 2021.

Week	Theme	Week
1	Oh, Canada!	January 18th - January 22nd
2	We Love the Environment!	January 25th - January 29th
3	Cyber Safety	February 1st - February 5th
4	All About Love!	February 8th - February 12th
READING BREAK	<i>No program</i>	February 15th - February 19th
5	Holidays Around the World	February 22nd - February 26th
6	Animals all around us	March 1st - March 5th
7	All About Science!	March 8th - March 12th
MARCH BREAK	<i>No program</i>	March 15th - March 19th
8	Until We Meet Again	March 22nd - March 26th

LiT is entirely designed and implemented by students from the University of Western Ontario. The program offers students the chance to make a positive impact on the lives of children, while gaining experience in a health promotion program. Each session will involve fun and engaging online activities to provide a positive learning experience for both the child and their mentor.

If you are interested in this program, please complete the child registration Google Form attached and one of our volunteers will be in contact with you prior to the start of our program.

Thank you for your interest.

Sincerely,

Rachel Baran and Stella Iankov
Program Directors
Learning it Together 2020-2021
Faculty of Health Sciences
Western University